

MY Conversations WITH God

“Write in a book all the words I have spoken to you.” Jer 30:2

P.R.A.Y.E.R. POSTER

Follow the following P.R.A.Y.E.R. acronym as you connect with God in a deeper and more intimate way through journaling.

P – PRAISE

Thank God for all His wonderful deeds. Thank him for His goodness, His power, His mercy, His wisdom, and love. Write out your praises to God and give glory to your Father who is faithful to you!

“I will give thanks to you, Lord, with all my heart; I will tell of all your wonderful deeds. I will be glad and rejoice in you; I will sing the praises of your name, O Most High.” PSALM 9:1-2 NIV

R – REPENT

Recognize and repent for your sins. Let God know, through your journal writing, about the areas of your life where you have fallen short and are in need of forgiveness. God already knows your sins, but it’s in the act of repentance that we are in agreement with God, which will honor and create a closer, more intimate relationship with Him.

“If we claim to be without sin, we deceive ourselves and the truth is not in us. If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.” 1 JOHN 1:8-9 NIV

A – ASK

Ask God for the things you desire. God is a good and loving Father who takes delight in His children. He wants to give us the desires of our heart, but first we must ask. Write out and ask God for what you want and need, but also know that God will only give you what He believes is best for you.

“Ask and it will be given to you, seek and you will find; knock and the door will be opened for you. For everyone who asks receives; the one who seeks finds; and the one who knocks, the door will be opened.” MATTHEW 7:7-8 NIV

Y – YIELD

To yield means to listen. After you have given praise to God for his goodness, repented for your sins, and asked for His help, now is the time to be quiet and just listen. God speaks to us and when you regularly take time to listen, you will hear His voice.

“Call to me and I will answer you and tell you great and unsearchable things you do not know.” JEREMIAH 33:3 NIV

E – ENTER

Now that you’ve heard God speak to you, enter it in your journal. Write it down. It’s amazing the revelation that God will reveal to us when we take the time to listen. It’s equally important that we don’t just hear His voice, but that we record it, too. Keeping a record of what God has said to you is a great way to build your relationship with God. When you are able to go back and see how faithful God has been to you, you will be grateful and strengthened in your faith.

“This is what the Lord, the God of Israel, says: Write in a book all the words I have spoken to you.” JEREMIAH 30:2 NIV

R – RESPOND

Whatever God is telling you to do, it’s time to respond ... to obey. If you obey the Lord’s commands, He will give you the courage, strength, and grace to complete any task. And in doing so, your obedience will be a sincere act of worship to Him. So once you’ve received your marching orders from God, it’s best to not delay in your obedience. Doing so can lead to sin and muffle the voice of God from giving you any more direction.

“Anyone who loves me will obey my teaching. My Father will love them, and we will come to them and make our home with them.” JOHN 14:23 NIV